

ILR

- Classes are held at Tidewater Community College, on the Virginia Beach Campus. Most are held in the Pungo Bldg.-F, Room F-133, known as the Pungo Auditorium.
- The ILR curriculum is diverse, allowing members to choose from a wide variety of topics that they wish to attend.
- Each Fall, Winter, Spring, and Summer quarter, a new schedule is published, announcing the classes, speakers, and activities. During the course of the year, members will find classes in the arts, social issues, history and world affairs, science and technology, and health-related subjects.
- Members become as involved as they wish to be, sharing knowledge and participating in discussion groups.
- Socializing is an important aspect of ILR membership. We offer trips, luncheons and visits to museums and other places of interest.



Directions to the Virginia Beach Campus – Tidewater Community College

ILR Business Office
Princess Anne Bldg.-A, Room A103*
1700 College Crescent
Virginia Beach, VA 23453
*Park in Lot 3

From Norfolk/Portsmouth:

Take **I-264 E** from Downtown Norfolk
Take **Exit 18** at Rosemont Rd.
Turn **RIGHT** onto **S. Rosemont Rd.** (go 3.8 mi.)
Turn **RIGHT** onto **Faculty Blvd.**
Turn **RIGHT** onto **Michael LaBouve Dr.**
Proceed through 3 Stop Signs to Parking Areas

From Chesapeake:

Take **I-64 W** toward Hampton/Richmond
Take **Exit 286 B** onto East Indian River Rd.
Merge **LEFT** onto **Ferrell Pkwy.**
Merge **LEFT** onto **Princess Anne Rd.** (second one)
Turn **LEFT** onto **Community College Place**
Turn **RIGHT** onto **Michael LaBouve Dr.**
Follow to Parking Areas

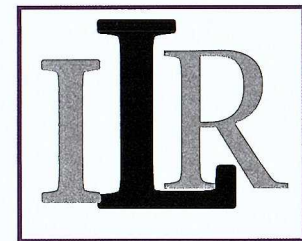
From Virginia Beach:

Take **I-264 W** from the Oceanfront
Take **Exit 18** at Rosemont Rd.
Turn **LEFT** onto **S. Rosemont Rd.** (go 3.9 mi.)
Turn **RIGHT** onto **Faculty Blvd.**
Turn **RIGHT** onto **Michael LaBouve Dr.**
Proceed through 3 Stop Signs to Parking Areas

Institute for Learning In Retirement

*We are retirement-age people
who enjoy intellectually
stimulating classes and
discussions with our peers.
We welcome new members
and new ideas.*

*ILR membership is open to all
who have reached age 55
without regard to race, religion,
gender, color, or national
origin.*



Tel: (757) 756-4861
www.ilrvb.org



What is the ILR?

The *Institute for Learning in Retirement* is an educational member organization, planned and operated by and for individuals 55 years of age and older. There are over 300 such college-sponsored institutes and centers in the U.S., and we are one of the largest in Virginia. Hosted by Tidewater Community College, our ILR began in 1993 with 15 interested members, and we now have well over 600 active members.

Why should you join the ILR?

Mental stimulation is as important as physical exercise to maintain good health. We have the ability to learn throughout our lifetime, and the ILR provides a relaxed, friendly environment to facilitate this learning. We offer continuing intellectual stimulation, activities, new friendships and social opportunities.

Do I need a college degree to attend the ILR?

No degrees are necessary, just a desire to learn. There are no examinations or papers required.

Who can join?

Anyone 55 and older can become a member. Members live in all cities in the South Hampton Roads area.

What does it cost?

ILR members pay an annual membership fee of \$20.

- Classes: \$14 per 2-hour presentation
- Trips & Social Activities: At cost



What other benefits do ILR members enjoy?

- Fellowship with over 600 members
- Entertainment and recreation
- Sharing life experiences
- Small and large classes and activities

Our classes...

Our classes are typically 2-hour presentations about topics of interest to the members. Classes generally meet from 10am to 12pm or from 1pm to 3pm, Monday through Thursday. Each quarter, 20-25 different classes, planned by our Curriculum Committee, are offered. Many of the classes are taught by area college and university faculty; others are delivered by area experts or our members.

How to join...

Institute for Learning In Retirement (ILR)

You may download the "New Member Form", "Schedule", and "Registration Form" from our website:

www.ilrvb.org

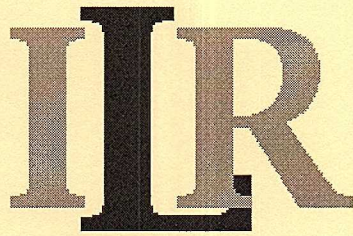
or

call the office

Phone: (757) 756-4861

Email: office@ilrvb.org

*A community of
lifelong learners*



**WINTER 2020
CLASS OFFERINGS**

Institute for Learning in Retirement

At Tidewater Community College

Princess Anne Bldg-A, A103

1700 College Crescent

Virginia Beach, VA 23453-1918

*For membership costs and registration
information contact:*

756-4861 www.ilrvb.org office@ilrvb.org

JANUARY

- 7** Thomas Jefferson: The Conflict of Ideals
(At the Chrysler Museum)
- 8** The Lost Attractions of Hampton Roads
- 9** Benedict Arnold
- 13** Norfolk Botanical Gardens—Past, Present,
and Future
- 15** The Guns of August: An Overview of WW I
- 16** Soundwriting in Composition: How Sound
Helps Invention and Reflection in Writing
- 21** The Trojan Horse from the Party: China's
Global Propaganda
- 22** Our Animals/Ourselves: The Blurred Line
Between Humans and Animals
- 23** Introduction to Cybersecurity
- 27** The Socrates Club (Philosophy)
- 28** Wisdom and Beauty of Ancient Egypt
- 29** Understanding Opera: Rossini's *Cinderella*

FEBRUARY

- 3** Drugs and the Brain
- 5** The History of Sculpture
- 6** Fabulous and Famous Female Monarchs of
European History
- 11** Class Size Matters: Improving Democracy's
Classrooms
- 12** East Africa: Some Key Diplomatic
Considerations
- 13** What We Carry (Holocaust Commission)
- 17** The Socrates Club (Philosophy)
- 18** African American Soldiers in the Revolu-
tionary War and French Aid during that War
- 19** Gems, Gemology and the Jewelry Industry
- 20** Controversial Women of the New Testament
- 24** Aging in Place
- 26** The Stuff That Dreams are Made of—
Psychoactive Plants and Shamanistic Ritual
- 26** Understanding Opera: Verdi's *Aida*

CLASSES HELD at 10:00-12:00 PM or 1:00-3:00 PM at TCC, VIRGINIA BEACH

ILR ALSO OFFERS SOCIAL AND TRAVEL ACTIVITIES